LIVERMORE LITTLE LEAGUE

LLL PITCHER ELIGIBILITY TRACKING FORM

DIVISION: _____ TEAM: _____

Date of Game	Pitches Thrown	Pitcher's Name	Unif. No.	League Age	TM Manager Signature*	Opp Manager's Signature*	Scorekeeper/Ump Signature*	Eligible to pitch again on (DATE)

MAX PITCHES PER DAY BY AGE	DAYS OF REST AGES 7-14	RECORDING PITCHES THROWN
AGE 13+ = 95	66+ PITCHES = 4 DAYS	The number in the "Pitches Thrown" column is the FIRST PITCH of the **LAST BATTER FACED**.
AGE 11-12 = 85	51-65 PITCHES = 3 DAYS	
AGE 9-10 = 75	36-50 PITCHES = 2 DAYS	**DAYS OF REST EXCEPTION**
AGE 7-8 = 50	21-35 PITCHES = 1 DAY	No pitcher is allowed to pitch **3 consecutive days.**
PITCHERS DELIVERING 41+ PITCHS CANNOT CATCH THAT DAY	0 - 20 PITCHES = 0 DAYS	